



## Endurance MTB Camp Packing List

- ✓ Clean, tuned and ready to ride MTB
- ✓ Tubeless tires (preferred) If tubes, bring spares
- ✓ Flat kit that includes quick-connect chain link
- ✓ Helmet
- ✓ MTB shoes/pedals
- ✓ Eyewear/Sunglasses
- ✓ HR Monitor and/or Power Meter (if applicable)
- ✓ Chamois Cream
- ✓ Sunscreen
- ✓ Small bag to keep stuff in in SAG vehicle
- ✓ Jerseys & Shorts/Bibs (at least 3 pair)\*
- ✓ Socks (multiple pairs)
- ✓ Cycling Gloves (long or short finger)
- ✓ Hydration Pack (2L-3L reservoir)
- ✓ Bottles (in addition to Hydration Pack if you want)\*\*

\*Cycling cloths: we will be able to wash your cloths at night. That being said, with two-a-days on Thursday and Friday, ensure you bring enough to go three rides in a row without a washed item.

\*\* You need to be able to carry enough fluids for a 3-hour ride in 80+ deg weather

Team MPI will have sport drinks, food, spare tubes/tires, CO2, pumps, etc.